

# Blessings from Susan Lynne

February 2008



## Valentine's Reading Special

Receive 10% off a Romance/Relationship Reading now thru February 29th.

### Greetings!

February is a month of red roses, chocolates, wine, and *love*.

It is so fitting that the **Valentine's Day** holiday takes place during the second month of the year. This month is about love and manifesting and balancing our personal relationships.

The origin of Valentine's Day dates back to pagan times. Around 296 AD, Emperor Claudius II outlawed marriage, fearing it would weaken his army. A gentleman, by the name of Valtinus or as we know him today, St. Valentine, secretly went against the Emperor's decree marrying countless couples. When the Emperor found out about St Valentine's actions, he had him arrested and then sentenced to death on February 14<sup>th</sup>.

Since that day thousands of years ago, we use the energy of this day to reconnect, soften our hearts, and send messages to those we care about romantically as well as to family and friends. Indeed this is a time of joy, love and passion.

In honor of St. Valentine, I am offering a 10% discount on the Romance/Relationship reading if purchased by February 29<sup>th</sup>. Please email or call me at 301-906-2203 for rates.

I wish you all joy, love and passion during this Valentine's Day holiday!

Heartfelt blessings to all,

Susan Lynne



### 2008: Starts off with the RAT!

Blessed and bountiful year 4607!

Yes, we are at the beginning of an entirely new **Chinese New Year**, which began February 7, 2008. Unlike the Western New Year which always falls on January 1, the Chinese New Year changes from year to year as it commences with the second new moon after the Winter Solstice. Each New Year has a corresponding Chinese Animal Astrological sign, and this year we celebrate the **Rat**.



Legend has it that Buddha asked all the animals to come and celebrate the New Year with him. The animals raced to get to the celebration however only twelve animals actually showed up. To honor those who came, Buddha gave each animal their own year in order of their arrival.

During the race, the always ambitious and highly clever Rat decided to jump on the back of the Ox and just as the animals were arriving at the finish line, the Rat leaped off crossing the line first!

This year of the Rat is about opportunities and abundance. Rats are quick, energetic, and incredible problem solvers. They are usually very professional in business and able to manifest great abundance and wealth. The spiritual message to all born under this sign and for the year is to exercise self control and patience with those we deal with.

Another interesting aspect of the year 4607 is that in numerology, the individual digits add up to 8, which signifies abundance, wealth, and money.

May the year of the Rat bless you with opportunity and abundance!



### Feel the love with Feng Shui

As we continue forward into February, the month of love, consider making a few changes to your bedroom environment. The bedroom is the emotional center of our home as it is where we spend time sleeping, recharging and connecting with our partners and loved ones.

This is the perfect time to implement a few "cures" from the ancient art form of Feng Shui to bring balance, harmony and love to this area of your home. As you start making aesthetic changes to the environment, you will be encouraging the flow of chi, or healthy energy. Once you start this process, you will feel positive effects in your emotional life. Here are a few tips:

- 1) Locate the southwest corner of your home and/or room. This is the sector of love and romance and is typically located in the far right corner.
- 2) Start with the lighting in the bedroom which needs to be warm.
- 3) Position the headboard of your bed against a solid wall. The bed should never face an open door.
- 4) Too add romantic energy to the space, place pink flowers, a small round mirror for unity or even two red candles to increase the flow of energy.
- 5) Make sure you remove any imagery from the room that would convey loneliness, aggression, or solitude. Images that reflect pairs should be used to reflect union and harmony.

Once you've used these methods to bring the flow of chi to your bedroom, relax and enjoy the new found harmony, balance and joy that will fill your most precious relationships with intimacy and love - Enjoy!

Susan Lynne

301.906.2203 [susanlynn@mediumlink.com](mailto:susanlynn@mediumlink.com)